

## Fairfax Pets On Wheels Winter Update

Fairfax Pets on Wheels, Inc

January 2011



## Cameron Glen Volunteers Spread Holiday Cheer!

Before two o'clock in the afternoon on a sunny but cold Saturday, December 4, 2010, residents of Cameron Glen began to line up in the dining room for the annual and much anticipated holiday photo taking event. Many had talked about it for days, even weeks. They came from all over the large building to see and be photographed with some of their favorite dogs and their owners. Most didn't need to be reminded of the activity, and some even brought their holiday photos from previous years to share with others as they waited patiently for their turns.

FPOW participants in this event were Sally Atkins and Lincoln, Kathi Baker and Abby, Bonnie and Andy Burnham and Cindy, Carol and Paige Haigen and Bink, Pat Leader and Lucy, Mary Portelly and Annie Belle, Jaclyn Neham and Hailey, and Christine Stout and Henry. Kathi Baker did an excellent job of facilitating the activities. After taking photos of 22 residents with their canine friends in Santa hats and the owners in front of the Christmas tree, Kathi also photographed the FPOW members and their furry ones for the group picture shown here. Likewise Andy Burnham took many photographs to be distributed at Cameron Glen. Before everyone left the dining room, the dogs were, of course, rewarded by Kathi with special treats for their labors of love. It was a fun time for all! Kathi later set the photos in festive holiday cards and presented the appropriate one to each resident.

It was a really wonderful way to spend a winter afternoon. Congratulations to Kathi Baker and to everyone who participated in this activity for this successful and joyous holiday event!



# We're Looking for a Few Good Dogs!

## Join FPOW for the CGC Test on March 19.

We all love doing things with our dogs—playing with them, walking with them, visiting for FPOW with them. Let's not forget training them, because life is so much better with a well-trained dog.

The Canine Good Citizen program was developed by the American Kennel Club to promote responsible dog ownership and to certify that dogs have been trained to be well-behaved at home, in public places, and in the presence of other dogs. The CGC test has become a national benchmark for well-trained dogs. In addition to teaching your dog to be a model canine citizen, CGC training provides good foundational training for other fun canine activities—obedience, rally, and agility, for example.

FPOW will sponsor a CGC test on Saturday, March 19, from 9 a.m. to 1 p.m.

Continued on Page 2

### In This Issue

- 2 CGC Test Continued
- 2 Laurie Stone and CJ
- 5 Sonja Lazear and Nala
- 6 Iliff Gets Visitors
- 7 What Do You See?
- 9 Speakers Bureau
- 9 New Feature on Website
- 11 FPOW Library Program

Submitted by Bonnie Mayo Burnham

(Rain date—Saturday April 9) at the Powhatan Nursing Home, 2100 Powhatan Street, Falls Church, VA 22043. We hope you'll come and test your dog!

The CGC test is open to both purebred and mixed breed dogs. It is noncompetitive. The goal is to show that your dog can be a well-behaved member of its community. Dogs that pass the test are listed in the CGC records of the American Kennel Club, and if your dog passes the test, you can order a certificate from AKC attesting to your dog's achievement.

The CGC test consists of ten items that every well-mannered dog should know. You can find everything you ever wanted to know shout the CGC program and the test at the A

about the CGC program and the test at the AKC website—AKC. org. Just enter "Canine Good Citizen" in the search engine.

The test takes approximately 10-15 minutes. The cost is \$12 per dog tested, and the proceeds will benefit FPOW. Walk-ins are welcome, but priority will be given to people who register in advance. So you will want to sign up now!

### **FAQs**

1. What will my dog have to do on the CGC test? The CGC has ten items: 1. accepting a friendly stranger, 2. sitting politely for petting, 3. appearance and grooming, 4. out for a walk (walking on a loose leash), 5. walking through a crowd, 6. sit and down on command and staying in place, 7. coming when called, 8. reaction to another dog, 9. reaction to distractions and 10. supervised separation. You can find detailed descriptions of these items at www.AKC.org.

2. Will my dog need any special preparation to take the CGC test?

After you have looked over the test items, you can decide if your dog needs any additional preparation for the test. Your dog may be able to do all of the test items already—or you may feel that a little more training is needed. Also, we hope to have one or two prep sessions before the test. These will be for handlers and their dogs. Watch the FPOW website for details.

3. What kind of equipment do I need to bring to the test? You will need a leash (leather or fabric). Your dog must wear either a well-fitting buckle or slip collar (including martingales) made of leather, fabric, or chain. Special training equipment such as harnesses, pinch collars, and head halters are not per-



mitted. You will need to bring a brush for your dog.

4. Do I have to pre-register? Can my non-FPOW friends test their dogs? We will give priority to pre-registered FPOW volunteers. FPOW volunteers who have not pre-registered can take the test on a space-available basis. If we have additional time, we will be happy to test dogs that are not FPOW volunteers.

5. How much will the test cost? The test will cost \$12 per dog tested. You can order a CGC certificate (suitable for framing!) directly from AKC for an additional \$8.00, payable to AKC.

6. What if it rains/snows/sleets? If the weather is bad on March 19, we will hold the test on Saturday, April 9.

7. How do I sign up? You can pre-register online. Go to www.fpow.org/dates and scroll down to the CGC test.

8. I have more questions. How do I get answers to them? We have answers! Just email your questions to fpow.seminar@gmail.com.



We look forward to seeing you at the CGC test!

Submitted by Liz Breyer

### Meet Laurie Stone and CJ

Laurie Stone lives in Fairfax and volunteers at Commonwealth Care Center. Laurie's dog CJ is a black Shih-



Tsu who visits the Commonwealth residents with Laurie every week. Laurie's neighbor, Diane Bente, who has been a FPOW Volunteer for 20 years, recruited Laurie into the program seven years ago.

Continued on Page 4

### Thanks for the Memory

- In memory of Judy Chopp's beloved Greyhound, Thunder. He was a FPOW volunteer pet for many years and was such a gentle gentleman whose behavior was always first class. He will be missed by Judy and his family at The Virginian. From Kim Wilkerson
- In memory of Thunder, the amazing Greyhound who volunteered with Judy Chopp. My dogs could not wait to hang out with Thunder who showed them how to greet everyone at The Virginian. From Penny Pickett
- In memory of Barnaby, the rescue dog of Tina Katson, Oakland, CA, who appreciated his new home every day of his life. He was a delight to all. From Penny Pickett
- In memory of Christy, beloved pet of Susan Hamilton and a canine volunteer with FPOW. Christy visited Leewood Nursing Home from January 2000 through September 2010. From Susan Hamilton, Annandale, Ken and Marge Hamilton, Springfield, Steve Hamilton, Burke, and John Hamilton, Ashburn
- In memory of Jaws, beloved cat of Tracy Van Duston and David Folcomer, who traveled over the Rainbow Bridge and will be missed. From Kim and Mark Wilkerson
- In memory of Lucky, a beautiful brindle mixed breed FPOW teammate and special buddy of Paul Dery. Lucky and Paul volunteered actively with FPOW for several years and their participation will be missed. From Kim Wilkerson
- In memory of Jordan, a truly remarkable Golden Retriever, who faithfully visited the residents at Commonwealth. As soon as he heard the word "Commonwealth", he would run to the door and be ready to go. Once there and out of the car, he would literally run to the door, anxious to greet all of his friends. Jordan knew exactly which hallway and which room to enter of one special friend, and he enjoyed the wheelchair with a golf ball on it. He also liked to sit a while and watch TV in the common area, and wherever else he could get attention. Of course,

- Jordan knew that he was there to make people smile, and it was a small miracle every time a face would light up when residents saw his smiling face and wagging tail. During the last year or so the visits became infrequent due to his progressive hip dysplasia and arthritis in his back paws. He could no longer make it down the long hallways. We purchased a wheelchair for him, and he was making progress; however little strokes made it impossible for him to go any distance, and the visits had to cease. The sad day came when we had to ask the Vet to end his struggle. He touched so many hearts in his 12-1/2 years. Thank you FPOW and Commonwealth for allowing us to share Jordan with you. From Susan Batla
- In memory of K.C., beloved Cavalier King Charles Spaniel of Ruth and Bob Benker. KC was a wonderful dog and FPOW ambassador. He was my Molly's first buddy and showed her the ropes of visiting at Iliff Nursing Home. He will be greatly missed. From Alison French
- In memory of K.C., Bob and Ruth Benker's beloved Cavalier King Charles Spaniel. K.C. was a gentle, expressive FPOW volunteer and ambassador for many years. This special dog will be missed by his family, his fans at Iliff, as well as by his many friends. From Kim and Mark Wilkerson
- In memory of K.C., beloved Cavalier King Charles Spaniel of Ruth and Bob Benker, who is loved and who continues to love. From Leora Motley, Alexandria, Virginia
- In memory of K.C., beloved Cavalier King Charles Spaniel of Ruth and Bob Benker, who will be greatly missed. From Liz Butler, Vienna, VA
- In memory of Tessa, beloved Belgian Shepherd of Chris Monasterski, and in honor of the work Fairfax Pets on Wheels does in visiting residents of nursing homes in the Fairfax area. From Chris Monasterski, Washington, D.C.
- In memory of Rachel Korenblit, beloved daughter of Sonya Korenblit and sister of Barbara Korenblit. From Joan Liggett, Roswell, Georgia

Shih-Tzu is Chinese Mandarin and translates directly to "lion." The Shih-Tzu is a Tibetan dog developed from the Pekingnese and the Lhasa Apso. It is a small, sturdy dog, with a body that is slightly longer than it is tall. The head is round and broad, wide between the eyes. The double coat is dense and long, flowing down over the dog. There is a profuse beard and mustache. The coat comes in many varied colors.

The Shih-Tzu is an alert, lively little dog. The breed is gentle, loyal, makes friends easily, and responds well to consistent, patient training. They make very alert watch dogs.

As CJ sat peacefully on Laurie's lap, he gazed at me directly, with blinking coal black eyes while Laurie explained CJ was nine years old. CJ is Laurie and husband Mike's second Shih-Tzu. Their first Shih-Tzu died in 2001.

Laurie speaks lovingly about the joy she sees CJ bringing to Commonwealth residents. She describes CJ as "a big dog in a small package", meaning her Shih-Tzu has a good and playful temperament like that of a Labrador retriever or other large dog breed.

Laurie was elected to the FPOW Board of Directors last September. She is responsible for Fund Development, which means she seeks out donors in the private sector and other contributions to FPOW from the public. This includes bringing new and innovative ideas to the FPOW Board of Directors.

I asked Laurie how she feels about her FPOW experience at Commonwealth, and she responded: "The FPOW program allows me to give my time and CJ's love for other people." That statement wraps up what FPOW is all about. Laurie, CJ and Mike regularly participate in other major events sponsored by FPOW including the Annual Picnic and annual Paws for a Cause 3K walk.

Submitted by David Rybak



### Sonja Lazear and Nala

In this issue of our newsletter, we meet Sonja
Lazear and her cat Nala.
They are a volunteer
team at Burke Healthcare
Center. Sonja currently
teaches riding in Aldie
at the stable where she
boards her horse. She
has two grown, married
children and two grandchildren as well as two
cats. Her hobbies include
horseback riding, reading,
going to movies, and help-

going to movies, and helping friends. Sonja is a native of Minneapolis, Minnesota and came to the Washington area when her husband was stationed at Henderson Hall in Arlington.

Nala is an 18-pound (big – not fat) long-haired orange cat that Sonja adopted from the Fancy Cats rescue organization. Nala is about 7 years old and very loving. Her curiosity easily overcomes any fears she has in a new situation, and she can be quite nosey. Nala was so bored in the house (and getting into mischief) that Sonja knew the cat needed a job.

Sonja trained her to tolerate using a harness/leash and acclimated the cat to riding in the car before applying to become an FPOW pet volunteer. Sonja believes the temperament testing gives an accurate picture of how an animal will respond in the nursing home. Everyone's pet is special, but not all animals have what it takes to be a Fairfax Pets on Wheels volunteer.

FPOW is a very rewarding volunteer program for Sonja. At first she thought that she might feel depressed after a visit, but Sonja finds just the opposite to be true. There is such joy on the faces of staff and residents alike when she walks into a facility with her cat across her shoulder. On one visit there





was a woman who was refusing to stand and use her walker to get to the doorway. Sonja told the resident, "I understand exactly how you feel." Nala was stretched out on the floor, looking tired too. "Nala feels the same way," Sonja said. "If Nala will walk to the doorway, will you do it, too?" The woman said, "Yes" and got up. With only a gentle tug on her leash, Nala got up and together they all walked to the door! Everyone there applauded.

Nala seems to know that she is in the nursing home on a "job". She tolerates it ... which is more than one can expect from most cats. She is calm there, knows how to walk on the leash, and is happy to have all the attention. She is curious about peoples' rooms and, with permission, will gladly jump onto someone's bed. Sonja believes that patience is the key when working with Nala and the residents. She talks a lot to Nala when she enters a resident's room ... just some friendly babble to let the patient know they are coming into the room and that they are not a dog team.

Sonja recently helped out by occupying FPOW's booth at the Cat Show. She had fractured her shoulder and could not carry Nala for visitations and had been unable to visit Burke for several months. She was glad to have the opportunity to recruit other cat owners to become FPOW volunteers. She did such a great job that she is being recruited to regularly serve on the FPOW Speaker's Bureau.

It would be nice to have more cats in the program since many residents are cat lovers, and the volunteer team often receives requests to visit certain rooms at the facility. One time when the team was asked to go upstairs to visit there were five residents in their wheelchairs coming towards Sonja and Nala chanting "Kitty, Kitty, Kitty!"

Sonja and Nala are two great FPOW volunteers. It is nice to have such a dedicated team who reach out to residents who are "cat people."

Submitted by Madelynn Arnold



### Dates to remember

**BOD Meeting at Leewood**: March 6, 2011, 7:00 pm

AKC Canine Good Citizen Testing:
March 19, 2011. See Page 1 for details.
Powhatan Nursing Home, Falls Church.
\$12.00 per dog. REGISTER ON LINE at:
www.fpow.org/dates and scroll down
to the listing for the CGC test. Pre-registration is recommended, but walk-ins
welcome, Open to the Public.

**Newsletter Submission Deadline: March 30, 2011** 

Mary Latshaw Award nominations
Must be postmarked by May 13, 2011

**Shauna Award nominations** Must be postmarked May 13, 2011

**Volunteer Appreciation Picnic** - June 4, 2011. Frying Pan Park, Herndon. Free to FPOW volunteers and their guests. **REGISTER ON LINE** at:

www.fpow.org/dates and scroll down to the listing for the picnic. Only FPOW approved pets may attend.

**BOD Meeting at Leewood**: June 6, 2011 7:00 pm

**Newsletter Submission Deadline**: June 30, 2011

<u>PAWS FOR A CAUSE:</u> October 2, 2011 Weber's Pet Supermarket, Fairfax Noon

## Korean Broadcasting System films FPOW Volunteers

On Monday, December 20, the Korean Broadcasting System (KBS) joined FPOW volunteers at Iliff Nursing Home and Rehabilitation Center during their annual Santa visit. Organized by Volunteer Fairfax, the filming



is part of a documentary that the KBS is doing to inspire volunteerism in South Korea. They want to show how Americans work together in order to cope with the nation's current economic crisis.

Christopher Copely, Communications Coordinator for Volunteer Fairfax, and KBS staff Yurie Kim, Line Producer, and Coordinator, Taeho Yun, Washington Correspondent and Deputy Producer and Kevin Nha, cameraman, met 2 legged and 4 legged FPOW volunteers and Emily Atkinson, Iliff Director of Activities, in the lobby as they prepared for the Santa Walk into the dining room.

Santa's "ho, ho.ho" and the wagging tails of his reindogs brought lots of smiles to the residents. Getting and giving lots of love, the pets visited with each resident while the camera was rolling. There



is nothing quite like the smile we see on a resident's face when our pets come in his or her room.

A special thank you to: Volunteer Fairfax and the Korean Broadcasting System for selecting us as part of this project, Iliff Nursing Home and Rehabilitation Center, Emily Atkinson, Director of Activities, and the residents for allowing us to film them, Santa, (Bob Benker), Tracy Van Duston and Precious, Jill Davidson and Lolly, Kathi Baker and Abby, Alison French and Molly, Rosemary Snow and

Rusty, Sarah Bayne and Bonnie, Harry Gedney and Ms. Murphy, Dave Martin and Boo, Pat Canavan and Buttons, and, Cynthia Erskine and Junior.

Submitted by Ruth Benker



### What Do You See?

When an old man died in the geriatric ward of a nursing home in North Platte, Nebraska, it was believed that he had nothing left of any value.

Later, when the nurses were going through his meager possessions, they found this poem. Its quality and content so impressed the staff that copies were made and distributed to every nurse in the hospital. One nurse took her copy to Missouri .

The old man's sole bequest to posterity has since appeared in the Christmas edition of the News Magazine of the St. Louis Association for Mental Health. A slide presentation has also been made based on his simple, but eloquent, poem.

This little old man, with nothing left to give to the world, is now the author of this 'anonymous' poem winging across the Internet.

### Crabby Old Man

What do you see nurses? . . . . . What do you see?
What are you thinking . . . . . when you're looking at me?
A crabby old man . . . . not very wise,
Uncertain of habit . . . . with faraway eyes?

Who dribbles his food . . . . . and makes no reply. When you say in a loud voice . . . . 'I do wish you'd try!' Who seems not to notice . . . . . the things that you do. And forever is losing . . . . . A sock or shoe?

Who, resisting or not . . . . . lets you do as you will, With bathing and feeding . . . . . The long day to fill?

Is that what you're thinking? . . . . . Is that what you see? Then open your eyes, nurse . . . . . you're not looking at me.

I'll tell you who I am..... As I sit here so still, As I do at your bidding, ..... as I eat at your will. I'm a small child of Ten.... with a father and mother, Brothers and sisters.... who love one another.

A young boy of Sixteen . . . . with wings on his feet. Dreaming that soon now . . . . a lover he'll meet. A groom soon at Twenty . . . . my heart gives a leap. Remembering, the vows . . . . . that I promised to keep.

At Twenty-Five, now . . . . I have young of my own.
Who need me to guide . . . . And a secure happy home.
A man of Thirty . . . . My young now grown fast,
Bound to each other . . . . With ties that should last.

At Forty, my young sons . . . . . have grown and are gone, But my woman's beside me . . . . to see I don't mourn. At Fifty, once more, babies play 'round my knee, Again, we know children . . . . . My loved one and me.

Dark days are upon me . . . . . my wife is now dead.

I look at the future . . . . shudder with dread.

For my young are all rearing . . . . . young of their own.

And I think of the years . . . . and the love that I've known.

I'm now an old man . . . . . and nature is cruel. Tis jest to make old age . . . . . look like a fool. The body, it crumbles . . . . . grace and vigor, depart. There is now a stone . . . . where I once had a heart.

But inside this old carcass . . . . . a young guy still dwells, And now and again . . . . my battered heart swells. I remember the joys . . . . I remember the pain. And I'm loving and living . . . . life over again.

I think of the years, all too few . . . . . gone too fast. And accept the stark fact . . . . that nothing can last. So open your eyes, people . . . . open and see. Not a crabby old man . . . Look closer . . . see ME!!



## We Wouldn't Want to Leave their Health & Welfare to Chance.





A Member of the BrightHeart Veterinary Network

8500 Arlington Blvd., Fairfax, VA 22031 www.southpaws.com • (703) 752-9100

## Speaker's Bureau Members attend Dogtopia Grand Opening

FPOW was invited to attend the Grand Opening of Dogtopia in Herndon on December 4. Dogtopia provides premier daycare, boarding and spa treatments for all our canine friends. Ruth Benker, my pet Lucy Lou, and I were able to provide an informational table and celebrate the opening of a very fine facility featuring a caring and loving team of dog loving staffers. Kim Wilkerson was also at the event promoting the convenient services of the Herndon Animal Medical Center located in the same building with Dogtopia—great one stop shopping! Other services displaying included Canine Carousel Pet Salon, Karen Derrico Custom Animal Portraiture and Lost Dog and Pet Rescue. Lucy worked hard to recruit new members for FPOW and spread the word about our FPOW's great work. Definitely a tailwagging good time!

Submitted by Pat Leader



A recently launched feature on the FPOW website can allow you to post a picture in honor of a friend, family member or pet.

For a donation of \$50 or more, you can honor someone special and have their picture rotated in a slideshow located at www.fpow.org/friends and www.fpow.org/pets.

Visit www.fpow.org/tribute for more information on this and how to make a memory book donation.

## The United Way and Combined Federal Campaigns are under way NOW!

Did you know that you can make a contribution to FPOW by designating United Way #8907? You sure can! When donating through the Combined Federal Campaign, please designate 51148.



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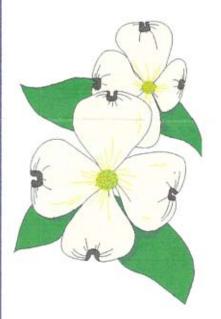
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## Powhatan Nursing Home

A Privately Owned and Operated Healthcare Facility



Nestled on seven beautiful acres with three enclosed garden patios, we offer a staffing ratio greater than the national average and quality care with a personal touch.

- ♦ Long Term Care
- ♦ Intravenous Therapy
- ♦ Central Line Care
- Rehabilitative Therapies with Medicare Reimbursements
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- **+** Hospice Participation
- \* Respite Care
- **Memory Impaired Program**
- ♦ On-Site Beauty Shop

We invite you to visit our facility and experience the Powhatan difference.

703-538-2400

2100 Powhatan Street Falls Church, Virginia 22043

### **FPOW Library Program**

- 1. Request a title by sending an email with your name and your home address along with the title of the book or DVD requested to: bouvsfurever@yahoo.com. If you don't have email, call 703-641-8850 and leave a detailed message with your name, address, phone number and the title you wish to borrow. If the title is available, the book (or DVD) will be mailed directly to you. Or if you want to pick it up directly from the FPOW Librarian, that can be arranged as well.
- 2. Keep the book or DVD for up to 30 days
- 3. Return the book in the stamped and addressed envelope that came in the envelope with the book, or return it directly to the FPOW Librarian.
- 4. If you have any questions, please email the above address or call 703-641-8850.

Note: Please treat the library materials carefully – if you lose or damage something, you will be expected to replace it or be charged for the cost of replacing it.

If you have recommendations for books, videos or other material to share with other FPOW volunteers, please send them to bouvsfurever@yahoo.com for consideration as we add more titles to the library.

We hope you enjoy this volunteer member benefit!

### **General Training**

- 1. A Guide to Dog Sports: From Beginners to Winners-Claire Koshar
- 2. Canine body language B. Aloff
- 3. Cesar's Way Cesar Millan
- 4. Click for joy (Tricks book) Melissa Alexander
- 5. "Culture Clash, Jean Donaldson"
- 6. "Dogs are from Neptune, Jean Donaldson"
- 7. "Don't Shoot the Dog!: The New Art of Teaching and Training, Karen Pryor"
- 8. Dr. Dunbar's Good Little Dog Book Dr. Ian Dunbar
- 9. "Excel-Erated Learning: Explaining in Plain English How Dogs Learn and How Best to Teach Them, Pamela J. Reid"
- 10. How to teach a new dog old tricks Ian Dunbar
- 11. On talking terms with dogs: Calming Signals Trid Rugaas
- 12. "Positive Perspectives: Love Your Dog, Train Your Dog
   Pat Miller"
- 13. "Smart Trainers, Brilliant Dogs, Janet Lewis"
- 14. "The Other End of the Leash, Patricia McConnell (2 copies one hardcover, one softcover)"
- 15. "The Power of Positive Dog Training, Pat Miller, Jean Donaldson"

16. "The Ultimate Puppy Toolkit, Premier (guide to raising a happy, well adjusted dog)"

#### Communication

- 1. "Animals in Translation: Using the Mysteries of Autism to Decode Animal Behavior, Grandin Temple"
- 2. "Compassion: Our last Great Hope, Leo Bustad."

#### Health

- Dog health and nutrition for dummies M. Christine Zink
- 2. Therapy Work
- 3. Delta Society Animal-Assisted Therapy Standards of Practice
- 4. Delta Society Team Training Course Manual
- 5. "Handbook on Animal-Assisted Therapy: Theoretical Foundations and Guidelines for Practice, Aubrey H. Fine"
- 6. The new work of dogs John Katz
- 7. "Therapy Dogs Today: Their Gifts, Our Obligation, Kris Butler"
- 8. "Therapy Dogs: Training Your Dog to Help Others, Kathy Diamond Davis"
- 9. "Wanted: Animal Volunteers, Mary Burch"

#### General

- 1. "A Puppy Primer (pamphlet), Pat Miller "
- 2. "It's Okay to Cry Pet Loss and Grief (pamphlet), Pat Miller "
- 3. "Marley & Me, John Grogan"
- 4. CD Preparing Fido A comprehensive collection of baby sounds to help you lovingly prepare your pet for the arrival of your new baby Blessings Unlimited
- 5. Understanding Alzheimers Disease (pamphlet from Alzheimers Association) from US Dept of Health and Human Services
- 6. Understanding Memory Loss (pamphlet from Alzheimers Association) from US Dept of Health and Human Services
- 7. Best Behavior: Unleashing Your Dog's Instinct to Obey by Tufts University
- 8. For the Love of a Dog by Patricia B McConnell
- 9. Penny's from Heaven by Patsy Swendson
- 10. Dog Is My Co-Pilot from the Editors of Bark
- 11. "From Baghdad, With Love by Lt. Col Jay Kopelman w/ Melinda Roth"
- 12. DVD The Language of Dogs Understanding Canine Body Language and other Communication Signals by Sarah Kalnais
- 13. DVD Really Reliable Recall Train your dog to Come when called?. No Matter What featuring Leslie Nelson
- 14. DVD For the Love of a Dog: The Biology of Emotion in Two Species by Patricia B McConnell
- 15. DVD Both Ends of the Leash (2nd edition) by Patricia B McConnell



### Are A Breed Apart

Fairfax Pets On Wheels, Inc. Fairfax Area Agency On Aging 12011 Government Center Parkway, # 708 Fairfax, VA 22035-1104

Fairfax Pets on Wheels, Inc Fairfax Pets On Wheels, Inc. is a volunteer program working with the Fairfax Area Agency on Aging,

12011 Government Center Parkway, #708, Fairfax, VA 22035-1104. FPOW Volunteer Hotline: (703) 324-5424. Visit: www.fpow.org Please use the FPOW Hotline number for non-emergency calls if you are a FPOW volunteer or one who is currently in the pipeline. Someone will either act upon your message or return your call if more information is required.

### DEADLINE FOR THE NEXT FPOW NEWSLETTER: March 30, 2011

#### FAIRFAX PETS ON WHEELS BOARD OF DIRECTORS

The Executive Committee:

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Vice President/Dir. of Administration -- Bonnie Mayo Burnham

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Secretary -- Deborah Zelten

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Director at Large -- Patricia Leader Director at Large -- Judy Mitnick

EDITORIAL POLICY

This is your newsletter. Fairfax Pets On Wheels, Inc. volunteers may contribute articles for publication. Articles will be reviewed by the editors. We reserve the right to edit any item submitted for publication. We cannot guarantee the return of documents or photos (if used). Because Fairfax Pets On Wheels, Inc., is under the sponsorship of the Fairfax Area Agency on Aging, the FPOW Newsletter must be approved by the FAAA prior to publication. In addition, Letters to the Editor are welcome and encouraged. Letters must be signed but, if requested, your name will be withheld.

Newsletter Committe Chairman: Kim Wilkerson, Editor: Denise Elliott

All correspondence should be directed to:

Fairfax Area Agency on Aging

Attention: FPOW Newsletter

12011 Government Center Parkway, Suite 708

Fairfax, VA 22035-1104

(703) 324-5411

#### Email:

dfspetsonwheels@fairfaxcounty.gov

